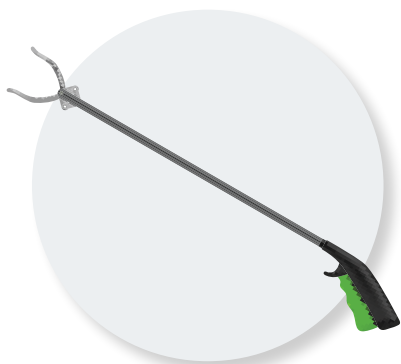


Preparing Your Home for Joint Replacement Surgery

Joint replacement is major surgery, and your recovery will take several weeks. Taking these steps before your procedure can help make the time at home after your procedure safer and more comfortable:

ARRANGEMENTS

- 2 weeks' worth of meals (cook & freeze, buy ready-made, or schedule delivery)
- Pet care, such as a dog-walker
- A temporary disabled parking permit

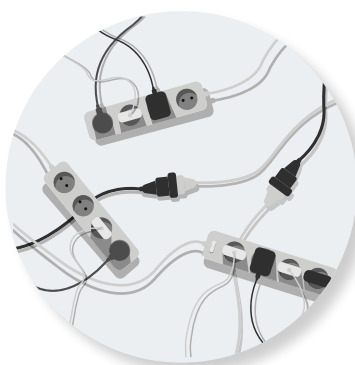


ITEMS TO GET

- A grabbing tool, or reacher
- A long-handled shoehorn
- A long-handled sponge and shower hose
- A raised toilet seat

MODIFICATIONS

- Set up a temporary living space to avoid stairs
- Install safety bars or handrails in the bathroom
- Remove all loose carpets and electrical cords
- Place items you use regularly within easy reach



If you live alone or have special needs, consider asking a friend or family member to stay with you for several days after surgery.

Learn more at [OrthoInfo.org](https://www.OrthoInfo.org)